

VITACARE PHARMA LLC

VC Code # VC4589

Product: Women's Multi NRG Caplet

Description: Beige-brown powder with speckles in beige film coated oval Caplet with Imprint "AMS" on one side

Batch Size: 100,000

Size & Shape: 0.375" x 0.875" oval, with Imprint "AMS" on one side

Run Weight: 2000 mg (range 1900 - 2100 mg)

Final Weight: 2080 mg (range 1976 - 2184 mg)

Hardness: 24 Kp (range 16 - 60 Kp)

Thickness: 0.340" (range 0.325" - 0.355")

Coating: Film Coated - Beige + Vanillin

Disintegration: < 45 min. in water with disks

Packaging: Bulk - 8,000 Tablets/Box or 16.60 Kg Net/Box

Revision: 00.00

Effective Date: 09/20/19

#	Ingredients per Tablet:	VC RM #	Label Claim	Units	Overage %	Adj. Assay (%)	Actual (mg)	% Formula
1	Korean Ginseng (<i>Panax ginseng</i>) (Whole Plant) Ext. 5% SE - Ginsenosides (HPLC) (Ext. 4:1 PE)	41092	200.000	mg	0.00	400.00	50.00	2.50%
2	Royal Jelly 3X	41334	50.000	mg	0.00	300.00	16.67	0.83%
3	Vitamin A Acetate 500,000 IU/g	41337	5000.000	IU	10.00	45000.00	11.11	0.56%
4	Beta Carotene 20%	41271	3.000	mg	10.00	18.00	16.67	0.83%
5	Ascorbic Acid (Vitamin C) DC 97%	41120	100.000	mg	10.00	88.17	113.42	5.67%
6	Vitamin D3 (Cholecalciferol) 100,000 iu/g	41086	250.000	IU	25.00	8000.00	3.13	0.16%
7	Vitamin E (d-Alpha Totcopheryl Succinate) Succinate 1185 iu/g	41833	75.000	IU	5.00	112.40	66.73	3.34%
8	Vitamin K1 1% Trituration	41283	0.025	mg	25.00	0.80	3.13	0.16%
9	Thiamin HCL (Vitamin B1 - 88%)	41049	10.000	mg	10.00	80.00	12.50	0.63%
10	Riboflavin (Vitamin B2) Powder	41038	10.000	mg	5.00	95.00	10.53	0.53%
11	Niacinamide (Vitamin B3)	41078	35.000	mg	5.00	95.00	36.84	1.84%
12	Calcium D-Pantothenate (Vitamin B5-91%, Ca-8.55%)	41181	10.000	mg	10.00	82.70	12.09	0.60%
13	Pyridoxine HCl (Vitamin B6-82%) Powder	41051	10.000	mg	10.00	74.54	13.42	0.67%
14	Folic Acid (Vitamin B9) 10% Trituration	41186	0.400	mg	25.00	8.00	5.00	0.25%
15	Vitamin B12 (Cyanocobalamin) 1% Trituration	41040	0.050	mg	25.00	0.80	6.25	0.31%
16	Biotin (Vitamin H) 1% Trituration	41325	0.010	mg	25.00	0.80	1.25	0.06%

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17	Calcium Carbonate Granular (Ca-37%)	41116	70.000	mg	0.00	37.00	189.19	9.46%
18	Ferrous Fumarate (Fe - 32.5%)	41299	18.000	mg	0.00	32.50	55.38	2.77%
19	Dicalcium Phosphate (DCP) Dihydrate (Ca: 23.3%, PO4: 18%)	31007	25.000	mg	0.00	18.00	138.89	6.94%
20	Kelp (<i>Laminaria spp.</i>) (Whole plant) Ext. - 0.5% Iodine	41154	0.150	mg	25.00	0.40	37.50	1.88%
21	Magnesium Oxide Granular (Mg-57%)	41225	100.000	mg	0.00	57.00	175.44	8.77%
22	Zinc Oxide (Zn - 80%)	41260	10.000	mg	0.00	80.00	12.50	0.63%
23	Selenium Amino Acid Chelate (Se - 0.2%)	41717	0.100	mg	10.00	0.18	55.56	2.78%
24	Cupric Sulfate Anhydrous (Cu - 40%)	41298	2.000	mg	10.00	36.00	5.56	0.28%
25	Chromium AAC (Cr - 0.2%)	41780	0.200	mg	10.00	0.18	111.11	5.56%
26	Molybdenum AAC (Mo - 0.2%)	41845	0.150	mg	10.00	0.18	83.33	4.17%
27	Manganese Ascorbate (Mn - 13%)	41999	2.000	mg	0.00	13.00	15.38	0.77%
28	Potassium Chloride (K-51%/Cl-49%)	41097	80.000	mg	0.00	50.00	160.00	8.00%
29	Acetyl L-Carnitine HCl	41109	25.000	mg	0.00	100.00	25.00	1.25%
30	Chasteberry (<i>Vitex-agnus castus</i>) (fruit) Ext. 12:1 PE	41202	25.000	mg	0.00	400.00	6.25	0.31%
31	Dandelion (<i>Taraxacum officinale</i>) (root) Ext. 10:1 PE	41354	25.000	mg	0.00	400.00	6.25	0.31%
32	Damiana (<i>Turnera aphrodisiaca/diffusa</i>) (Leaf) Ext. 4:1 PE	41021	25.000	mg	0.00	400.00	6.25	0.31%
33	Peppermint (<i>Mentha piperita</i>) (leaf) Powder	41029	25.000	mg	0.00	100.00	25.00	1.25%
34	Cramp (<i>Viburnum opulus</i>) (Bark) Powder	41997	25.000	mg	0.00	100.00	25.00	1.25%
35	Soy Protein Isolate (Allergen - Soyabeans)	41636	30.000	mg	0.00	100.00	30.00	1.50%
36	Lycopene 10%	41423	10.000	mg	0.00	100.00	10.00	0.50%
37	Ginkgo Biloba Leaf Ext. 24% SE - Flavones (20:1 PE)	41631	25.000	mg	0.00	400.00	6.25	0.31%
38	Green Tea (<i>Camellia sinensis</i>) (leaf) Ext. 50% SE - Polyphenols (UV)	41094	40.000	mg	0.00	400.00	10.00	0.50%
39	Coenzyme Q10 (USP)	41110	1.000	mg	0.00	100.00	1.00	0.05%
40	Grape (<i>Vitis vinifera</i>) (Seed) Ext. 95% SE - Proanthocyanidins (UV)	41341	25.000	mg	0.00	400.00	6.25	0.31%
41	Betaine HCl	41262	20.000	mg	0.00	100.00	20.00	1.00%
42	L-Glutamic Acid	41093	15.000	mg	0.00	100.00	15.00	0.75%
43	Microcrystalline Cellulose 102	31082	182.950	mg	0.00	100.00	182.95	9.15%
44	Sorbitol Granular	31044	30.000	mg	0.00	100.00	30.00	1.50%

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45	Maltodextrin (Non-GMO)	31024	50.000	mg	0.00	100.00	50.00	2.50%
46	Crosscarmellose Sodium	31004	54.240	mg	0.00	100.00	54.24	2.71%
47	Stearic Acid (Vegetable Grade)	31006	40.000	mg	0.00	100.00	40.00	2.00%
48	Silicon Dioxide	31002	20.000	mg	0.00	100.00	20.00	1.00%
49	Magnesium Stearate (Vegetable Grade)	31003	12.000	mg	0.00	100.00	12.00	0.60%
	Batch Weight:						2000.00	100.00%
50	Film Coated - Beiege + Vanillin		80.000	mg	0.00	100.00	80.00	
	Final Weight:						2080.00	

VC Prepared By: Manav Shah

Title: Quality

Date: 03/11/25