



## Butter Chicken 16 oz. Meal

Tender chicken in a buttery tomato sauce, with aromatic Basmati rice



3/27/2025

# Nutrition Facts

2 Servings per container

**Serving Size** 1/2 tray (227g)

**Amount Per Serving**

**Calories** 310

% Daily Value\*

**Total Fat** 10g 13%

Saturated Fat 4g 19%

Trans Fat 0g

**Cholesterol** 55mg 18%

**Sodium** 300 mg 13%

**Total Carbohydrates** 35 g 13%

Dietary Fiber 1 g 2%

Total Sugars 1 g

Includes >1 g Added Sugars 1%

**Protein** 17 g

Vitamin D 0.1 mcg 0%

Calcium 30 mg 2%

Iron 1.4 mg 8%

Potassium 200 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Pack Description
MKR19200	10886193920014	6-16 oz. Trays

Brand	Brand Owner	GPC Description
Monsoon Kitchens	Monsoon Kitchens, Inc.	Ready-Made Combination Meals - Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.4 LBR	6 LBR	United States	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.875 INH	9.6 INH	6 INH	.4625 FTQ	13x10	730 Days	-10 FAH / 10 FAH

### Ingredients :

**BUTTER CHICKEN:** Chicken, Water, Tomatoes, Onions, Unsalted Butter (Sweet Cream, Natural Flavoring), Cream, Canola Oil, Garlic, Potato Starch, Spices, Sea Salt, Sugar, Ginger, Black Salt, Tapioca Starch, Dried Fenugreek Leaves, Paprika  
**CUMIN BASMATI RICE:** Water, Basmati Rice, Canola Oil, Spices  
**CONTAINS:** Milk

**Allergens**(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info')

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	Sesame - NI

### Handling Suggestions :

Keep refrigerated or frozen until ready to use. Use or freeze by date on film.

### Benefits :

Authentic Recipe, Grab & Go, No artificial Ingredients, Preservative Free, No MSG, Gluten Free, Antibiotic Free

### Serving Suggestions :

1/2 tray (8 oz.)

### Prep & Cooking Suggestions :

Remove tray from sleeve. Make two to three small slits on entrée side. Heat in microwave on high for 3 minutes from refrigerated / 3-4 minutes from frozen. Heat an additional 1-2 minutes until heated thoroughly. Let stand for 1 minute. Carefully remove film and serve hot.

### More Information :

Appliances vary. Adjust heating times as needed.  
**CAUTION:** Contents are hot.

\*Product must be cooked to an internal temperature of 165°F to ensure food safety and quality. Failure to cook thoroughly may increase the risk of foodborne illness.