

Fish, Berbere Baked

Total Yield: 65 each

Shelf Life: _____

Allergens: wheat, fish, tree nuts, soybeans

Components

Fish, Tilapia 3-5 oz Filet Boneless Skinless Raw

Breadcrumb, Panko

Spice, Berbere Blend

Milk, Coconut Canned

Salt, Coarse Kosher

Rice, Basmati

Total Yield: 65 cup

Shelf Life: _____

Allergens: _____

Components

Rice, Basmati

Water, Tap

Carrot, Roasted

Total Yield: ~43 3/8 cup

Shelf Life: _____

Allergens: _____

Components

Carrot, Coin IQF

Spice, Paprika Spanish Ground

Spice, Cumin Ground

Spice, Coriander Ground

Salt, Coarse Kosher

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

Juice, Lemon Not From Concentrate Fresh

Honey, Light Amber

Herb, Cilantro Fresh