

Chicken, Somali-Style Roasted

Total Yield: 14 each

Shelf Life: _____

Allergens: _____

Components

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

Garlic, Whole Clove Peeled Fresh

Salt, Coarse Kosher

Spice, Paprika Smoked

Spice, Oregano Leaf Dried

Sugar, White Granulated

Spice, Gedo Blend (subrecipe)

Chicken, Thigh Boneless Skinless Raw Halal

Spice, Gedo Blend

Total Yield: ~3/4 oz

Shelf Life: _____

Allergens: _____

Components

Spice, Peppercorn Black

Spice, Cinnamon Stick

Spice, Clove Whole

Spice, Coriander Seeds

Spice, Cumin Whole

Spice, Cardamom Pods Green

Green Beans with Carrots

Total Yield: ~9 3/8 cup

Shelf Life: _____

Allergens: _____

Components

Green Beans, Whole Raw

Carrot, Whole Fresh

Onion, Yellow Whole Fresh

Garlic, Whole Clove Peeled Fresh

Ginger, Root Fresh

Spice, Turmeric Ground

Salt, Coarse Kosher

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

Water, Tap

Mukimo

Total Yield: 10 1/2 cup

Shelf Life: _____

Allergens: milk

Components

Pea, Green Split Dry

Potato, Yukon Whole Fresh

Corn, Whole Kernel IQF

Butter, Ghee Niter Kibbeh (subrecipe)

Salt, Coarse Kosher

Butter, Ghee Niter Kibbeh

Total Yield: ~2 7/8 oz

Shelf Life: _____

Allergens: milk

Components

Butter, Unsalted

Onion, Red Whole Fresh

Garlic, Whole Clove Peeled Fresh

Ginger, Root Fresh

Spice, Cardamom Pods Green

Spice, Clove Whole

Spice, Cinnamon Stick

Spice, Oregano Leaf Dried

Spice, Turmeric Ground

Spice, Fenugreek Seed Dry Ground