

Nutrition Facts

Around 29 servings per container
Serving size 2/3 CUP (170g)

Amount per serving

Calories

240

% Daily Value*

Total Fat 15g	19%
Saturated Fat 8g	42%
Trans Fat 0.5g	
Cholesterol 50mg	17%
Sodium 80mg	3%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%

Protein 15g

Vit. D 0mcg	0%	•	Calcium 440mg	34%
Iron 0mg	0%	•	Potas. 340mg	7%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED GRADE A COW'S AND GOAT'S MILK, SKIM MILK, CREAM, ACTIVE BACTERIAL CULTURES (BIFIDOBACTERIUM LACTIS, L. ACIDOPHILUS). **CONTAINS: MILK.**

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MANUFACTURED FOR KONTOS FOODS INC.
PATERSON, NJ 07544 • 973-278-2800