

# Beef, Cubed with Vegetables (Beef Suqaar)

Total Yield: 2 cup

Shelf Life: \_\_\_\_\_

Allergens: \_\_\_\_\_

## Components

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

Beef, Chuck Roll Halal

Onion, Yellow Whole Fresh

Carrot, Whole Fresh

Pepper, Bell Red Fresh

Garlic, Whole Clove Peeled Fresh

Spice, Gedo Blend (subrecipe)

Spice, Black Pepper

Base, Vegetable Reduced Sodium Halal

Water, Tap

Herb, Cilantro Fresh