



monsoon
KITCHENS.

Chicken in Tikka Masala Sauce

Cooked in a fragrant and creamy rich tomato sauce, our Chicken in Tikka Masala Sauce rivals dishes of the same name served in fine Indian restaurants. It has become a favorite among Monsoon Kitchen's customers.



REVISED 10/9/2024

Nutrition Facts

25 Servings per container
Serving Size 5 oz. (142 g)

Amount Per Serving
Calories 190

% Daily Value*

Total Fat 10 g **13%**

Saturated Fat 3.5 g **17%**

Trans Fat 0g

Cholesterol 60 mg **19%**

Sodium 510 mg **22%**

Total Carbohydrate 7 g **3%**

Dietary Fiber 1 g **4%**

Total Sugars 3 g

Includes 1g Added Sugars **3%**

Protein 18 g

Vitamin D 0.2 mg 0%

Calcium 30 mg 2%

Iron 1.6 mg 8%

Potassium 320mg 6%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Code	GTIN	Pack	Pack Description
PMK4002	10886193420026	2 X 4 LBR	

Brand	Brand Owner	GPC Description
Monsoon Kitchens	Monsoon Kitchens, Inc.	Chicken - Prepared/Processed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.75 LBR	8 LBR	USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.75 INH	8.5 INH	4.5 INH	0.260 FTQ	20x12	730 Days	-10 FAH / 10 FAH

Ingredients :

Chicken (Chicken, Water, Potato Starch, Salt), Water, Tomato Paste, Plain Low Fat Yogurt (Cultured Low Fat Milk, Nonfat Milk Solids, Active Cultures), Cream, Canola Oil, Spices, Corn Starch, Garlic, Ginger, Salt, Sugar, Paprika, Dried Fenugreek Leaves

CONTAINS: MILK

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Instructions:

Keep frozen until ready to use. Heat frozen product in hot water bath. Do not put bag in a steamer. Failure to follow directions could result in injury and loss of product. Refrigerate unused portion and use within 3 days. Do not refreeze unused portion.

Serving Suggestions :

Serve with Naan or Basmati Rice. Mix in Macaroni and Cheese to make Chicken Tikka Masala Mac and Cheese. Use to make Indian inspired Chicken Tikka Masala Pizza.

Benefits :

Authentic, Gluten Free, Chicken raised without antibiotics, no additives, no preservatives, no MSG, zero trans fats, easy to use, desirable case size.

Prep & Cooking Instructions :

Place frozen bags in a hot water bath and cook to internal temperature of 165°F. Carefully remove bag from water and transfer contents into pan. Estimated cooking time is 35-40 minutes. Use within 3 days. Do not refreeze unused portion.

Caution: Do not place bag in steamer. Failure to follow directions could result in injury and loss of product.

