

Stewed Beef with Collard Greens

Total Yield: 2 cup

Shelf Life: _____

Allergens: milk

Components

Beef, Chuck Roll Halal

Onion, Yellow Whole Fresh

Garlic, Whole Clove Peeled Fresh

Ginger, Root Fresh

Collard, Greens Frozen

Spice, Xawaash Blend (subrecipe)

Spice, Paprika Spanish Ground

Spice, Chili Powder

Juice, Lemon Not From Concentrate Fresh

Butter, Ghee Niter Kibbeh (subrecipe)

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

Water, Tap

Butter, Ghee Niter Kibbeh

Total Yield: ~1/8 oz

Shelf Life: _____

Allergens: milk

Components

Butter, Unsalted

Onion, Red Whole Fresh

Garlic, Whole Clove Peeled Fresh

Ginger, Root Fresh

Spice, Cardamom Pods Green

Spice, Clove Whole

Spice, Cinnamon Stick

Spice, Oregano Leaf Dried

Spice, Turmeric Ground

Spice, Fenugreek Seed Dry Ground