

# Stew, Succotash

Total Yield: ~86 1/2 cup

Shelf Life: \_\_\_\_\_

Allergens: \_\_\_\_\_

## Components

Bean, Adzuki (subrecipe)

Corn, Whole Kernel IQF

Tomato, Diced Canned

Potato, Yukon Whole Fresh

Onion, Red Whole Fresh

Carrot, Whole Fresh

Pepper, Bell Green Fresh

Garlic, Whole Clove Peeled Fresh

Ginger, Root Fresh

Tomato, Paste Canned

Base, Vegetable Reduced Sodium Halal

Water, Tap

Spice, Xawaash Blend (subrecipe)

Spice, Turmeric Ground

Salt, Coarse Kosher

Spice, Curry Powder

Herb, Cilantro Fresh

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

# Spice, Xawaash Blend

Total Yield: ~5 1/8 oz

Shelf Life: \_\_\_\_\_

Allergens: \_\_\_\_\_

## Components

Spice, Peppercorn Black

Spice, Cardamom Pods Green

Spice, Cinnamon Stick

Spice, Clove Whole

Spice, Cumin Whole

Spice, Turmeric Ground

Spice, Coriander Seeds

# Cabbage, Slaw with Carrots

Total Yield: 32 1/2 cup

Shelf Life: \_\_\_\_\_

Allergens: \_\_\_\_\_

## Components

Cabbage, Green Fresh Shredded

Onion, Red Whole Fresh

Carrot, Whole Fresh

Salt, Coarse Kosher

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import