

Small pack orders ship in 1-3 business days. Wholesale orders ship by 7/10.



MASKAL
TEFF SINCE 1986



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BROWN TEFF FLOUR

25 lb



\$70.00

Pay in 4 interest-free installments of \$17.50 with [shop Pay](#) [Learn more](#)

Free US Shipping

Description



Quantity

-

1

+

ADD TO CART



GOLD MEDAL

FLOUR, WHOLE WHEAT COARSE GRIND

#5292495 | GL: #2507 | 50 LB

Available Cases: 45

Recent Purchase

On My Lists

CMA

Locally Sourced

Product Highlights

Overview

Gold Medal Wheat-a-Laxa Whole Wheat Flour is a coarse granulation whole grain flour with 30g whole grain per serving (at least 48g recommended daily). Made from spring wheat, ideal for hearty texture in baked goods. This untreated flour comes in a cost-effective 50 lb bulk sack, perfect for large operations. Contains 13.8% protein for nutritious baking, meeting school nutrition goals. Great for whole grain-rich recipes that require coarser flour.

Grown/Harvested in US

Features

- Untreated Coarse Granulation
 - Whole Grain 13.8% Protein
 - 50 lb Bulk Sack
 - Nutrient-Rich
 - Perfect for Large-Scale Baking
 - Coarse Granulation Whole Wheat Flour
 - Ideal Texture for Baking
 - Excellent for School Recipes
-

Benefits

- Whole Grain-Rich
- 50 lb Bulk Sack
- 13.8% Protein
- K-12 Regulation Ready
- CACFP Eligible
- No Artificial Flavors
- No High Fructose Corn Syrup
- Made without Gelatin
- Ideal for Schools

All product information contained herein is subject to change, including pricing, promotions, and nutritionals. For current information at the time of purchase, please contact your sales associate.



GOLD MEDAL | #5292495

FLOUR, WHOLE WHEAT COARSE GRIND

Cost Breakdown

Pack Size: 50 LB

Box Dimension

Length: 23.5 in.

Width: 15.75 in.

Height: 4.85 in.

Volume: 1.039 CF

Storage: DRY FOOD 10

Product Claims

No Sugar Added

Low Fat

Preparation & Cooking

Preparation Instructions

Use as an ingredient in your desired recipe or formula. Raw flour is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat or play with raw dough or batter; wash hands and surfaces after handling.

Serving Suggestions

Great for whole wheat baked products, such as bread, rolls, pizza, muffins or cookies.

Handling Instructions

Store in a cool, clean and dry location away from materials with strong odors. Temperature should be less than 80 degrees.

Shipping Information

Shipping Details

Gross weight: 51 lbs

Net weight: 50 lbs

Height: 4.85 in

Width: 15.75 in

Length: 23.5 in

Cube: 1.039 CF

Storage Information

USF Storage: DRY FOOD 10

Min. Temp: 33 FA

Max. Temp: 90 FA

Manufacturer Details

Manufacturer: GENERAL MILLS SALES INC

Manufacturer Product #: 16000-53211

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GOLD MEDAL | #5292495

FLOUR, WHOLE WHEAT COARSE GRIND

Product Details

Ingredients

INGREDIENTS: WHOLE WHEAT FLOUR.

Allergens

Product information, including ingredients, allergens and nutritional information, is provided by manufacturers/suppliers, including information shared through the Global Data Synchronization Network (GDSN) and other third-party sources such as the United States Department of Agriculture. We know that allergen information is important to many customers, so we are providing product information provided to US Foods from the manufacturers/suppliers for the 9 most common allergens identified by the FDA. This information may not cover potential cross-contact risks or alternate forms of the allergen(s). Product formulations, ingredient, allergens, nutritional values are subject to change. Please always review the ingredients, allergens, nutrition information and other product information on the product packaging delivered to your location. US Foods does not assume any liability and makes no warranty or guaranty, express or implied, regarding the completeness or accuracy of product information as provided by manufacturers/suppliers

IMPORTANT: We know that allergen information is important to many customers so we are providing this tool to help sort products based on product information provided by suppliers.* Products that the supplier has designated as contains or may contain for the selected allergen(s), or that the supplier has not provided data for the selected allergen(s), will be excluded from your search results. This may not cover potential cross-contact risks or alternate forms of the allergen(s). Please always review the complete list of ingredients and allergens on our product page and on the product packaging delivered to your business.

*Allergen information for third-party branded products is obtained from the Global Data Synchronization Network (GDSN).

Nutrition Facts

756.0 servings per container

Serving size 1.00

Amount per serving

Calories 110

	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 21 g	8%
Dietary Fiber 3 g	11%
Total Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.6 mg	4%
Potassium 110 mg	2%

Supplemental Facts

	% Daily Value*
Ash 0.15g	

*Percent Daily Values are based on a 2,000 calorie diet.

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FLOUR, WHOLE WHEAT COARSE GRIND



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D'ALLESANDRO

**SPICE, BERBERE ETHIOPIAN BLEND
SHELF STABLE**

#5190857 | 18 OZ

DIRECT

Product Highlights

Overview

We hand blend hard-to-find seasonings such as ajowan seed and fenugreek with ground chiles and sweet spices to make our Ethiopian Berbere Spice. The quintessential spice blend of Ethiopian cuisine, this deep orange blend adds rustic, bold flavor to traditional stews and grilled meats.

Grown/Harvested in US

Cost Breakdown

Pack Size: 18 OZ

Box Dimension

Length: 3.6 in.

Width: 2.7 in.

Height: 7.8 in.

Volume: 0.044 CF

Storage: DRY FOOD 10

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SPICE, BERBERE ETHIOPIAN BLEND SHELF STABLE

Preparation & Cooking

Preparation Instructions

Ready to use. Add to taste.

Serving Suggestions

The traditional Ethiopian way of using Berbere Blend is to cover the meat before broiling. It can also be mixed with butter, which is then used as a cooking medium or for kneading into breads.

Handling Instructions

Store in a dry, cool place.

Shipping Information

Shipping Details

Gross weight: 1.39 lbs
Net weight: 1.13 lbs
Height: 7.8 in
Width: 2.7 in
Length: 3.6 in
Cube: 0.044 CF

Storage Information

USF Storage: DRY FOOD 10
Min. Temp: 33 FA
Max. Temp: 90 FA

Manufacturer Details

Manufacturer: WOODLAND FOODS LLC
Manufacturer Product #: H459A

**SPICE, BERBERE ETHIOPIAN BLEND SHELF STABLE****Product Details****Ingredients**

SPICES (INCLUDING CORIANDER, FENNEL, FENUGREEK, AJOWAN), PAPRIKA, SALT, CITRIC ACID.

Allergens

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Nutrition Facts

Serving size 1.00

Servings per container 1021.0

Amount per serving

Calories 0

Calories from Fat 0

	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 25 mg	1%
Total Carbohydrate 0 g	0%
Dietary Fiber 0 g	0%
Sugars 0g	
Protein 0 g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

Supplemental Facts

	% Daily Value*
None specified at this time.	

*Percent Daily Values are based on a 2,000 calorie diet.



D'ALLESANDRO | #5190857

SPICE, BERBERE ETHIOPIAN BLEND SHELF STABLE



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Spice, Gedo Blend

Total Yield: 2 3/4 oz

Shelf Life: _____

Allergens: _____

Components

	USAGE
Spice, Peppercorn Black	1/2 oz
Spice, Cinnamon Stick	1/2 oz
Spice, Clove Whole	1/2 oz
Spice, Coriander Seeds	1/4 oz
Spice, Cumin Whole	1/2 oz
Spice, Cardamom Pods Green	1/2 oz

Instructions

1. In a large saute pan, toast spices on high heat. Moving constantly to avoid burning
2. Continue to toss spices until they begin to darken. Once they begin to pop, turn spices out immediately onto a parchment lined baking sheet. Allow to cool completely.
3. When spices are cool, blend in a vita mix on high until very fine. Sift through a chinoix if needed.
4. Store in an air tight container