

Potato, Berbere Sweet

Total Yield: 32 1/2 cup

Shelf Life: _____

Allergens: _____

Components

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

Spice, Berbere Blend

Salt, Coarse Kosher

Potato, Yam Sweet Potato Dice Fresh

Stew, Okra (Maraq Baamiye)

Total Yield: 65 cup

Shelf Life: _____

Allergens: _____

Components

Okra, Cut IQF

Onion, Red Diced Fresh

Tomato, Diced Canned

Bean, Green IQF

Garlic, Whole Clove Peeled Fresh

Tomato, Paste Canned

Spice, Xawaash Blend (subrecipe)

Spice, Black Pepper

Spice, Turmeric Ground

Herb, Cilantro Fresh

Water, Tap

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

Bean, Garbanzo Chickpea Reduced Sodium All Natural Extra Fancy

Spice, Xawaash Blend

Total Yield: ~3 1/8 oz

Shelf Life: _____

Allergens: _____

Components

Spice, Peppercorn Black

Spice, Cardamom Pods Green

Spice, Cinnamon Stick

Spice, Clove Whole

Spice, Cumin Whole

Spice, Turmeric Ground

Spice, Coriander Seeds

Rice, Basmati

Total Yield: ~43 3/8 cup

Shelf Life: _____

Allergens: _____

Components

Rice, Basmati

Water, Tap