

Stew, Red Lentil (Misir Wot)

Total Yield: 2 cup

Shelf Life: _____

Allergens: milk

Components

Lentil, Red

Onion, Yellow Whole Fresh

Ginger, Root Fresh

Garlic, Whole Clove Peeled Fresh

Tomato, Paste Canned

Spice, Berbere Blend

Spice, Turmeric Ground

Salt, Coarse Kosher

Spice, Black Pepper

Water, Tap

Oil, Canola & Extra Virgin Olive Oil Blend 75/25 Import

Butter, Ghee Niter Kibbeh (subrecipe)

Butter, Ghee Niter Kibbeh

Total Yield: ~1/8 oz

Shelf Life: _____

Allergens: milk

Components

Butter, Unsalted

Onion, Red Whole Fresh

Garlic, Whole Clove Peeled Fresh

Ginger, Root Fresh

Spice, Cardamom Pods Green

Spice, Clove Whole

Spice, Cinnamon Stick

Spice, Oregano Leaf Dried

Spice, Turmeric Ground

Spice, Fenugreek Seed Dry Ground