

930601
ENGLISH MUFFINS, 6/12 CNT



MFR: 94015

UPC: 10048001940151

INGREDIENTS: UNBLEACHED ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WATER, FARINA, YEAST, SUGAR, SALT, SOYBEAN OIL, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), GRAIN VINEGAR, MONOGLYCERIDES, NONFAT MILK, SOY FLOUR, WHEY.

KOSHER: UD

NUTRITION FACTS			
Serving Size 1 muffin (57g)			
Servings Per Container 12			
Amount Per Serving			
Calories 120	Calories from Fat 10		
	%DV*		
Total Fat 1 g	2%		
Saturated Fat 0 g	0%		
Trans Fat 0 g			
Polyunsaturated Fat 0g			
Monounsaturated Fat 0g			
Cholesterol 0 mg	0%		
Sodium 200mg	8%		
Total Carbohydrate 25 g	8%		
Dietary Fiber 1 g	4%		
Sugars 1 g			
Protein 4 g			
Vitamin A 0%	Vitamin C 0%		
Calcium 8%	Iron 8%		
* Percent Daily Values are based on a 2000 calorie diet. Your daily may be higher or lower depending on your calorie needs.			
	Calories	2000	2500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories Per Gram:			